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## TIMEZONE AND SOCIAL CATCH UP

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### SZR ONLY EVENT

**When:** Saturday 1<sup>st</sup> August 2020

**Where:** Stokes Valley Pool Bowers St, Stokes Valley, Lower Hutt

**Warm up: 4pm Starts: 4.30pm –**

**We will also be hosting catered food/snacks at completion of swimming**

**Finish: 7.30pm- Pool close at 8pm**

**Meet Controller:** SwimZone Racing Swim Club **Entry:** \$6 per event.

**Enter** and pay online via the Swimming NZ 'My Page'

<https://mypage.swimming.org.nz/>.

**Entries close:** Saturday 25<sup>th</sup> July 2020

Event No.	Age	Distance (m)	Stroke^^
1	Mixed Open	200	Fly
2	Mixed Open	50	Free
3	Mixed Open	100	Breast
4	Mixed Open	50	Fly
5	Mixed Open	100	Back
6	Mixed Open	25	Back
7	Mixed Open	100	Free
8	Mixed Open	200	IM
9	Mixed Open	200	Breast
10	Mixed Open	100	Fly
11	Mixed Open	50	Back
12	Mixed Open	200	Free
13	Mixed Open	25	Free
14	Mixed Open	50	Breast
15	Mixed Open	200	Back
16	Mixed Open	100	IM

^^Swimmer choosing to do back to back or one apart events do so at the risk of missing their following event. Please advise [meets@szr.co.nz](mailto:meets@szr.co.nz) so that we can be aware if you have a special need to do this.

Swimmers must be registered with Swimzone Racing as a club or a competitive member. If you wish to register with the club, contact Deirdre at [admin@szr.co.nz](mailto:admin@szr.co.nz) by Friday 24<sup>th</sup> July 2020.

**Swimmers CANNOT REGISTER ON THE DAY of the meet.** For more information refer the meet conditions over the page.

#### Meet Conditions:

1. The meet will be conducted under SNZ/ FINA Rules and local rules as applicable.
2. The Meet is Short course. Official short course/converted short course times to be submitted. 'No Times' where a child has not raced that distance before, will be accepted.
3. All events will be swum as mixed open.
4. Age is at the day of meet.
5. Entries open Saturday 4th July 2020. Entry fees are \$6 per event, enter online via SNZ my page. Withdrawals prior to entries closing will be refunded. Email [race@szr.co.nz](mailto:race@szr.co.nz)
6. Entries close: 23:59, Saturday 25<sup>th</sup> July 2020.
7. There is no charge for spectators. There is limited seating. Please bring foldable chair if you have additional spectators.
8. In accordance with SZR club policy, parents or caregivers may be required to officiate.
9. The organisers may alter the programme and/or refuse entries to allow the meet to finish on time.
10. The organisers will not be responsible for any loss or damage during the period of the meet.
11. All participants must agree to comply with the Sports Anti-Doping Rules.
12. All 25 m events are 'give it a go' demonstration events. Any swimmer may enter a 25m event. 25m times are not provided to SNZ.

#### After Entries Close:

13. Initial Psych sheets and a session report will be posted to Facebook and the club website by Thursday prior to the meet. Any errors must be advised to [meets@szr.co.nz](mailto:meets@szr.co.nz) by Friday noon.
14. If you need to withdraw, please email [meets@szr.co.nz](mailto:meets@szr.co.nz) with your name and the event numbers that you are withdrawing from. No refunds after entries close.
15. We will advise of The Meet Programme availability on the SZR Facebook page and it will be posted to Meet Mobile and the club website, [www.swimzoneracing.org.nz](http://www.swimzoneracing.org.nz), no later than the morning of the meet. No printed programmes will be available at the meet.

#### At the Meet:

16. Para swimmers (including provisional classification) are eligible to compete at this meet. Para swimmers are requested to report to the Meet Referee prior to the warm-up.
17. Any tape used for strapping of muscles/joints must be approved by the Meet Referee prior to the start of the meet (and be accompanied with a Dr/Physio certificate).
18. Care is required when diving. Feet first entry during warm-up only (except authorised sprint lanes at the allocated times). Please note the pool depth is 1.2m at the deep end. Please swim to the end of the pool to exit the water.
19. Events will be marshalled from the slide area. All swimmers except Marlin and Mako squads need to sit in the Team Manager area. Mako and Marlin swimmers choosing not to sit with the team are responsible for getting themselves to marshalling.
20. Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the conclusion of the respective event. This needs to be accompanied in cash by the \$100.00 protest fee.
21. Participants who have entered this event agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swimming Wellington or host Club in accordance with the SNZ Member Protection Policy.

#### After the Meet:

Subject to approval, official results will be available shortly as approved times in the SNZ database.